



Dr Oo Loo Chan  
Founder's foreword

## Bi Annual Newsletter July 2025

For Internal Circulation only



Any organization must continue to adapt, less it becomes irrelevant. The MISSION of Charis Hospice is to be an effective provider of palliative home care services to patients with advanced illnesses in Penang and to advocate for greater awareness, availability and support of palliative care. The need for palliative care grows in tandem with the rapidly aging population in Penang. The challenges multiply with multi-fold medical issues including dementia in this population, accentuated by decreasing family caregivers and escalating healthcare cost.

How can our society rise up to face these challenges? Over two decades, Charis Hospice has established itself as a quality palliative home care service provider. The medical team of nurses and doctors continues to learn as more and more medical conditions come into our domain, but we are a small team and can only handle a limited load. Thus, the second part of our MISSION, to advocate for greater awareness, availability and support of palliative care, takes on a greater urgency. We want to network with other healthcare providers so that more can provide palliative care. We want to communicate with various sectors of society that 'care is possible beyond cure', that symptoms can be controlled, and that meaninglessness and hopelessness can be redefined. To do that, we need the community to be more open to dialogue when cure is no longer an option, but care is still possible. And we need the community to be ready to care (and learn to care) for one another, including providing hands-on care in end-of-life. After all, often, in the final lap of life, it is not the power of medicine nor medical technology that helps us connect at the heart level – it is the human touch.

Will you continue to support us in our MISSION?

任何组织若没有不断地适应变化，终将被时代淘汰。圣恩安宁护理中心肩负的使命，是在槟城为患有晚期疾病的病患提供专业的居家舒缓护理服务，同时倡导社会对舒缓护理的认知、普及与支持。随着槟城人口迅速老化，对舒缓护理的需求也与日俱增。与此同时，这一人群所面临的健康问题愈加复杂，包含多重疾病、失智症等，再加上家庭照顾者日益减少及医疗费用不断攀升，挑战可谓倍增。

我们的社会该如何应对这些挑战？过去二十余年来，圣恩安宁护理中心已稳步发展为槟城具有质量保障的舒缓护理居家服务机构。我们的医疗团队由医生与护士组成，随着服务的病况范围不断扩大，我们也在持续学习中前行。然而，作为一个规模不大的团队，我们的承载能力仍有限。因此，我们使命中的第二部分——倡导舒缓护理的认知、普及与支持——就显得尤为紧迫。

我们希望与更多医疗单位建立合作网络，拓展舒缓护理的服务范围。我们希望向社会各界传递这样一个信息：即使无法治愈，仍能给予关怀——症状是可以被缓解的，“无意义”与“无希望”也可以被重新诠释。为此，我们需要社会更加开放地探讨有关“无法治愈时的照护”，需要大家愿意学习与参与彼此间的照顾，哪怕是亲手陪伴至人生的终点。因为，往往在人生的最后一程，真正能触动心灵的，不是药物，也不是先进的医疗设备，而是人与人之间的温情与触碰。

您愿意继续支持我们的使命吗？





## Charity Run 2025, “Happy Feet 2.0 Striding for Palliative Care”

The Charity Run themed “Happy Feet 2.0: Striding for Palliative Care” was successfully held on April 19th, 2025, at Food Bayana, attracting a total of 931 registered participants and raising RM249,854 in support of palliative care services. The run was graciously flagged off by YB Daniel Gooi Zi Sen, EXCO Belia, Sukan dan Kesihatan Pulau Pinang, Dato’ Bandar Ir Rajendran, and En Harry Chai, Pengerusi MSNPP.

We were honoured by the esteemed presence of YB Daniel Gooi Zi Sen, EXCO Belia, Sukan dan Kesihatan Pulau Pinang, who officiated the launch and press conference on March 6<sup>th</sup>, 2025, at Level 53, KOMTAR.



Fastest Runners of Charity Run 2025



Lucky Draw Winner - 1<sup>st</sup> Prize



# Synergizing with different strata of society to promote our mission: Blessings from individual and group



CNY hampers for patients from ex-patient's family, 15 Jan



Charis Hospice's booth at Miao Yun Buddhist Centre CNY gathering, 25 Jan



Proud to be the recipient of MDRT 2025 Global Grant Award of USD3500 from MDRT Foundation US, 18 Feb



Cheque presentation of RM3,000 from Chinese Methodist Church Penang on their 130<sup>th</sup> anniversary celebration, 3 May



Blessed to be one of the beneficiaries of the Vitrox CSR Engagement & V-Serve Donation, 28 June

## Visits to Charis Hospice Centre



Charity Run planning meeting with representatives from PAAA, MSNPP, JPKK, MBPP, 16 Jan



MDRT Representatives, 18 Feb

## Talks to public and Healthcare Personnel



Online webinar on "Compassionate community", 18 Feb



"Hope beyond cure"... by Dr Oo at GMC, 20 Feb



'What is Dying Like?' by Dr Oo to Georgetown Baptist Church Seniors, 9 Apr



'Palliative Day with Y-Connect', Langkawi, 16 May

## Contact Us

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## Hearing from families

"I would like to express my deepest gratitude to Charis Hospice for their incredible care & support during my father's palliative journey. Their kindness, compassion & professionalism meant so much to our family during the very difficult time. Thank you for being there when we needed it the most."

"♥ thanks for the help, service, care and love given. A big thank you to the team from Charis Hospice. Thanks everyone and God bless"

"Just wanted to let you & your team know that your work & kindness are always appreciated. I can never forget your teams' care for my dad"

## Our Supporters and Donors

A heartfelt appreciation to all of you, many of whom are unseen and unnamed. We look forward to your continuous partnership and support in the work that we do for our community.

## About Charis Hospice

Founded in 2004, Charis Hospice is a charitable NGO offering **FREE** Palliative Home Care services for patients with advanced cancer and other advanced life-threatening illnesses. This service is provided to patients in Penang Island, irrespective of race or religion. Services are provided by a team of trained professionals (doctors and nurses) and volunteers.

## Donation

Charis Hospice PBB account No: 3141630622.  
Kindly email or WhatsApp us the transfer advise with your MyKad/company details and postal address and a tax exempt receipt will be sent to you.

