

Biannual Newsletter

July 2021

Want to know how **Charis Hospice** started?

Learn about our journey through this [beautiful sand art storytelling](#), and the [“Love Penang Network” vision & mission video](#).



Charis Hospice Penang

A Message from our Founder



We started 2021 with bated breath - are we going to see better days?

Six months later, we see increased apprehension, fatigue, even helplessness and hopelessness.

Charis Hospice continues with our core service of providing free palliative care to those with life-threatening illnesses in the community.

We had to balance between following SOPs and holding on to the principle that we will not turn away calls for help. We escalated our use of telehealth but recognised the importance of face-to-face interaction to deliver good medical care to our patients and families. Our medical team of 4 nurses and 2 doctors delivered palliative care to 178 patients during the first half of 2021.

We sincerely hope we were able to make the journey for them, many in the last phase of their lives, and their families, easier. We couldn't have done it without our supporters backing us from behind. We anticipate the remaining year to be equally challenging, so do continue to partner with us!

- *Dr. Oo Loo Chan*

“No One Journeys Alone”

In the first half of 2021, Charis adopted the theme of **“No One Journeys Alone”** to align with our mission of supporting patients and their families in their journey through illness and loss.

With generous donors, we were able to provide meal blessings to some of our patients and families over the Chinese New Year season. Our first-ever charity photo contest in May carried the “No One Journeys Alone” theme, and helped promote awareness for palliative care, as well as raise funds for our operations. When we realised that our inventory of hospital beds and oxygen concentrator machines were low, the public was ever ready to chip in to ensure our patients have all they need, bringing the theme of “No One Journeys Alone” to a greater level.

A big thank you to everyone who has supported our mission and work!



Activities

January – June 2021

Chinese New Year meals for patients & families

15th February

Chap Goh Mei meals for patients & families

26th February

“No One Journeys Alone” Charity Photo Contest

17th – 21st May

Public appeal for basic manual single-crank hospital beds

May

Public appeal for oxygen concentrator machines

June



Meals for Patients & Families

Over the Chinese New Year season, some of our patients and their families received delicious meals of roast chicken, siew bak and char siew in a festive tiffin carrier, complete with festive cookies.

This was made possible by pledges from many kind donors, and volunteers who helped with the distribution of the meals: Pastor Tom, Beng Choo, Goh Ai Ling, Bryan Ho, Linda Low, Sharon Wong, Sharon Koay and Zhi Ying.

Thank you for bringing joy into the homes of our patients and their families, and supporting us in our mission to ensure no one journeys alone, especially during this festive season.



Corporate Sponsors

Charity Photo Contest

Gold

Symbiotica, [OCBC Bank](#),
[Boston Scientific](#), [Agilent Technologies](#),
Pentamaster Corporation
Berhad, Inari Amertron
Berhad & Boon Siew
Group

Silver

In-Tech Electronics Ltd &
Vital Vision

Bronze

Grant Thornton LLP,
Ebibca, NationGate &
Preference Group of
Companies

Contest Highlights Video:

<https://www.facebook.com/charishospice/videos/942184826618771>



“No One Journeys Alone” Charity Photo Contest 2021

In our first-ever Charity Photo Contest, we were successful in raising nearly RM200,000 for our operations, as well as awareness for palliative care. The contest received over 90 photo submissions from 17th to 21st May on the [Charis Hospice Facebook Event Page](#), where contestants had the opportunity to showcase their photography skills and their interpretation of what “No One Journeys Alone” means to them.



1st prize: Celina Chin Jin Feng



(L-R) 2nd prize: Ramanathan Annamalai & 3rd prize: Michael Chee Chin Seong

We received many creative submissions, with photos ranging from personal depictions of one’s Journey through Illness, to the Journey towards Change, through to the Journey of Life and Love. We’d like to thank our judges [Mr. Sunny Tan](#), Mr. Kew Chii Shiang and Ms. Emili Ismail, for taking the time to go through all the submissions. Last but certainly not least, we are truly grateful to our corporate sponsors for believing and supporting our work, as well as all other donors who have contributed.

Contact Us

Company Name
Charis Hospice

Address
No. 26 & 28,
Lintang Paya Terubong 3,
11060 Penang, Malaysia

Phone
+011-1246 6757
+604-827 9668

Email
charishospice@gmail.com
dev@charishospice.com

Website
www.charishospice.com

Facebook
@charishospice



Our Supporters & Donors



January 2021



June 2021

(Left to Right) YB Joseph Ng Soon Siang, State Assemblyman for Air Itam & James Teng from Buddha's Light International Association (BLIA)



May 2021



June 2021

We also had many kind donors who responded to our public appeal for funds to purchase basic manual single-crank hospital beds and oxygen concentrator machines for our patients.

***About Charis Hospice Penang.** Founded in 2004, Charis Hospice is a charitable organisation that provides free medical home care support & services for patients with cancer and other advanced critical illnesses. This service is provided to patients in Penang island, irrespective of race or religion. Services are provided by a team of trained professionals (doctors and nurses) and volunteers.*

上半年会讯

2021 年 7 月

想要知道圣恩安宁护理中心如何开始吗？

点击[沙画故事](#)和 [Love Penang network](#) 影片来了解更多。



圣恩安宁护理中心

创办人的话



我们满怀不安地踏入 2021 年 — 这将会是更好的一年吗？

六个月过去了，我们见到更多地不安、疲惫，甚至是无助与无望。

圣恩安宁中心依然继续维持我们的核心服务，那就是为社区的重症病患提供安宁疗护服务。

我们必须在维持标准作业程序与不错过人们的求助之间取得平衡。我们增加了远程医疗项目，但也深刻明白面对面问诊对病人与家属的重要性。在 2021 年上半年期间，我们由 2 名医生及 4 名护士组成的医疗团队共为 178 名病人提供安宁疗护服务。

我们深切希望，我们可以在他们人生最后的阶段，帮助他们与他们的家人走得更容易一些。如果没有你们在背后的支持，我们无法做到。我们预计下半年依旧不易，所以请继续与我们同行！

胡茹珍医生

“不孤单的旅程”

在 2021 年上半年，圣恩安宁护理中心以“不孤单的旅程”的主题来呼应中心的使命 — 帮助病人及家属面对疾病和失去。

感谢热心的捐助者，让我们可以在农历新年期间为部分病人及家属提供餐点。在 5 月，我们主办了首届摄影比赛，主题为“不孤单的旅程”来提升大众对安宁护理的醒觉并为中心筹款。当我们发现中心的病床和制氧机库存不足时，感谢大众及时捐助，确保病人获得所需，展现了“不孤单的旅程”的伟大情操。

每一位支持与帮助过我们的热心人士，我们衷心感谢您！



活动

2021年1月 - 6月

给病人及家属发送农历
新年餐点

2月15日

给病人及家属发送元宵
节餐点

2月26日

“不孤单的旅程”慈善摄
影比赛

5月17日 - 21日

公开征求单边翻身病床
5月

公开征求制氧机
6月

给病人及家属的新年餐

在农历新年期间，中心的一些病患及家属收到了装在美丽娘惹碗盖的新年特餐，里面装满可口的烧鸡、烧肉、叉烧和新年糕点。

感谢以下热心人士赞助这些新春佳节美食：Pastor Tom, Beng Choo, Goh Ai Ling, Bryan Ho, Linda Low, Sharon Wong, Sharon Koay and Zhi Ying.

感谢您们为病人及家属带来温情，让他们知道他们不会独自面对，尤其是在佳节期间。



企业赞助

慈善摄影比赛

金牌赞助

Symbiotica, [OCBC Bank](#),
[Boston Scientific](#), [Agilent Technologies](#),
Pentamaster Corporation
Berhad, Inari Amertron
Berhad & Boon Siew
Group

银牌赞助

In-Tech Electronics Ltd &
Vital Vision

铜牌赞助

Grant Thornton LLP,
Ebibca, NationGate &
Preference Group of
Companies

比赛亮点影片:

<https://www.facebook.com/charishospice/videos/942184826618771>



“不孤单的旅程”

2021 年慈善摄影比赛

在我们的首届摄影比赛中，我们成功筹获了近 RM200,000 作为中心营运及提升安宁疗护醒觉之用。在 5 月 17 日-21 日收件期间，我们在[圣恩安宁护理中心的脸书活动页](#) 共收到超过 90 件摄影作品。参赛者以各自的摄影技术来诠释“不孤单的旅程”。



1st prize: Celina Chin Jin Feng



(L-R) 2nd prize: Ramanathan Annamalai & 3rd prize: Michael Chee Chin Seong

我们收到很多创意的作品，这些作品以摄影叙述了他们个人面对疾病、面对改变和直面爱与希望的过程。我们要感谢赛事评审[陈恩杉](#)、邱喜相 及 Ms. Emili Ismail 抽出宝贵时间为我们审阅所有的参赛作品。最后，我们也要感谢我们的企业赞助商相信并支持我们的工作。

联络我们

中心名称
圣恩安宁护理中心

地址
No. 26 & 28,
Lintang Paya Terubong 3,
11060 Penang, Malaysia

电话
+011-1246 6757
+604-827 9668

电邮
charishospice@gmail.com
dev@charishospice.com

网页
www.charishospice.com

脸书
@charishospice



我们的支持者 & 赞助者



January 2021



June 2021

(左至右) 亚依淡区州议员黄顺祥 及国际佛光会槟城分会主席丁树德



May 2021



June 2021

我们也有很多热心人士回应了我们的公共征求，让我们得以为病人添购单边翻身病床和制氧机。

关于槟城圣恩安宁护理中心

成立于2004年的圣恩安宁护理中心，是一家为癌症及其他重大疾病病人提供免费居家支援及服务的慈善机构。此服务由一群专业且经过培训的医生、护士及志工提供，不分种族和宗教，开放予所有在槟岛的病人。